

**ROLLER SKATING FEDERATION OF INDIA**  
**RSFI RULES & REGULATIONS NO.7 RR Dt. 18<sup>th</sup> Oct. 2000**  
**APPLICABLE W.I.E. FOR CHAMPIONSHIPS/CAMPS/TRIALS**

**1.00:HOSTING OF CHAMPIONSHIPS:-**

1.01 HOSTING OF NATIONALS:- Every State/UT units are to host the Nationals as per alphabetic ascending order after taking the permission from The Federation.

Andhra Pradesh	Assam	Bihar	Chandigarh
Chattisgarh	Delhi	Goa	Gujarat
Haryana	Himachal Pradesh	Jammu & Kashmir	Karnataka
Kerala	Madhya Pradesh	Maharashtra	Orissa
Pondicheri	Punjab	Rajasthan	Sikkim
Tamilnadu	Uttarakhand	Uttar Pradesh	West Bengal

1.02 OPTOUT: Units desiring to optout from holding Nationals are to pay optout fees as mentioned in Para 6.05.

1.03 INTERNATIONAL/ALL INDIA/ OPEN CHAMPIONSHIP/ZONAL/CARNIVAL/MEMORIAL ETC.: - All Units/Organisations require RSFI permission for holding the same.

**2.00: DISCIPLINES/ELIMINATION & TECHNICAL RULES:**

2.01: DISCIPLINES: Championships are to be conducted in Speed Skating, Artistic Skating & Rink Hockey. Any other Discipline/event may be held only with RSFI written consent.

2.02: TECHNICAL RULES: - RSFI follows International Rules of CIRH, CIPA, CIC adapted to suit Indian conditions. An extract of some technical rules are attached herewith marked as Annexure-A-B-C.

2.03: SPEED SKATING : ANNEXURE----A

2.04: ARTISTIC SKATING : ANNEXURE----B

2.05: ROLLER HOCKEY : ANNEXURE----C

2.06: TEST/ELIMINATION:

Prior tests /elimination may be held in any of the disciplines to achieve quality participation in the championships. Sub-standard participants will be eliminated at the discretion of RSFI.

**3.00: AGE:**

3.01: AGE GROUP DETERMINATION: the participant's age as on 1<sup>st</sup> January of the current year will determine his/her age group.

3.02. PROOF OF AGE: Before beginning of Championships all the participants below 16 Yrs (in case of Roller Hockey) and below 14 years (in case of other Disciplines) of age will submit to The Championship Committee 'Birth certificates' (in original) signed by the Principal of the institution where they are studying. In case of any dispute RSFI will withhold the result of the participant and will examine the matter & take the final decision. Those proved overage will be suspended and penalised; period of suspension and penalty amount will be decided by RSFI.

3.03: AGE GROUPS (Boys/Men & Girls/Women):

	<b>SUB-JUNIORS</b>	<b>JUNIORS</b>	<b>SENIOR</b>
ROLLER HOCKEY	8 -12 years	12-16 years	Above 16
ARTISTIC & SPEED	0 - 6 ``	10-12 ``	Above 14
`` ``	6 - 8 ``	12-14 ``	
`` ``	8 - 10 ``		

3.04: PARTICIPATION IN HIGHER AGE GROUP: A skater may participate in the next higher age group in a Championship, but shall have to take part in this higher group in all disciplines for the entire Championship. In future if the concerned skater would like to revert to his/her actual age group he/ she shall seek permission from RSFI.

**4.00: ENTRIES for PARTICIPATION & ELIGIBILITY:**

4.01: LAST DATE OF ENTRIES: Entries must be sent by RSFI recognised unit, as per RSFI prescribed entry form along with entry fee, by urgent post to reach RSFI regd. office minimum '14'days before starting of the Championships. Duplicate form to be sent immediately to Organisers. The triplicate copy must be carried by the team manager to the Championships. Every correction must bear the initial of the President/Secretary of the unit. In case of discrepancy RSFI will take the decision.

4.02: ENTRIES PER UNIT FOR BOYS & GIRLS CATEGORIES IN NATIONALS: -  
Speed skating - 3 skaters per age group per category in Quad race  
                  - 3 skaters per age group per category in Inline race  
Artistic Skating \* - 3 Skaters per age group per category in Figure  
                          - 3 Skaters per age group per category in Free  
Pair-Skating \*\* - 2 pairs per age group.  
Roller Hockey \*\*\* - 10 Member team  
Indian Classical Dance - 1 participant per age group per category

**\* In case 1 skater participates both in Free & Figure (combined) then 1 person will be lesser allowed in the affected age group's category.**

**\*\* There will be no pair Skating for 0-6 age group.**

**\*\*\* per age group per category 1 team can participate.**

4.03: ENTRIES/DISCIPLINES FOR CHAMPIONSHIP OTHER THAN NATIONALS:  
In case of Championships other than Nationals, organisers may invite lesser or more number of Participants and or conduct Championships in 1 or more disciplines, after taking advance permission from RSFI.

4.04: MINIMUM PARTICIPATION/CRITERIA FOR HOLDING THE COMPETITION:  
Even if in a age group there is only 1 participant in Artistic/Pair/Speed, and 2 teams in Hockey the event will still be held. However the ranking will be given on the basis of the following criteria: -

(i). For Artistic/Pair Skating to obtain a :-

(a). Gold Medal, one must score average of 5 marks out of 10.

(b). Silver Medal, one must score average of 4 marks out of 10.

(c). Bronze Medal, one must score average of 3 marks out of 10.

Skater getting less than 3 marks will not be entitled to any ranking.

(ii) For Speed skating: A Skater completing the race and clocking the same or better timing then the third position holder's timing for the same race of at least last two Nationals will be entitled for obtaining a Bronze medal. Similar rule will apply for Silver and Gold Medal also.

(iii) For Roller Hockey: If each team participating comprise of 6 players (one goalkeeper , 4 players and a compulsory substitute Goalkeeper), and play at least one match the ranking will be done.

4.05: PARTICIPATION ELIGIBILITY: Only RSFI recognised Units/individuals are allowed to participate. RSFI may accept direct entries in disputed cases and also in cases where RSFI has no State/UT Unit. Skaters are to participate from State/UT where they are studying /domiciled. RSFI debarred/Suspended Skaters are not eligible to take part.

**5.00: A SKATER'S APPLICATION FOR TRANSFER** to another State/UT Unit is to be filed 3 months prior to Nationals before the Unit where the skater is presently registered. After obtaining NOC, a skater may get registered by the other Unit subject to RSFI's final approval.

**6.00: FEES/PENALTIES:**

**6.01: AFFILIATION - MEMBERSHIP FEES:**

The RSFI Annual Affiliation- Membership fees for the affiliated units from April 2000 shall be as under. New Units and those Re-affiliated units are to additionally pay Entrance – Admission fees as well: -

	<b>Entrance/Admission</b>	<b>Affiliation/Membership</b>
State-UT Association to pay to RSFI	Rs. 5,000	Rs.2,500
District-UT Zone Assoc.pay to State-UT Assoc.	Rs. 2,000	Rs.1,000
Club-Institute to pay to UT Zone-Dist. Assoc.	Rs. 1,000	Rs. 500

Affiliation fee per annum is payable by affiliated Units to RSFI within 30 days on commencement of every year. There after there will be a late fees charges @Rs.50 per month till the date payment is received. If the payment is not cleared within 31<sup>st</sup> March i.e. by end of the financial year, the member will cease all its rights as affiliated units of RSFI then and that day itself (31<sup>st</sup> march).

6.02. SKATERS ANNUAL REGISTRATION FEE: All the skaters participating in the activity of a skating club must be registered with the club. Every registered skater has to pay Rs.200 per annum as registration fees to the Club. The club after retaining Rs.100 for itself, send the balance in the following manner, Rs.50 to District Unit, Rs.25 to State unit, Rs. 25 to RSFI. In UT areas, Clubs are to send Rs.50 to UT, Rs. 50 to RSFI

The registration is valid from 1<sup>st</sup> April to 31<sup>st</sup> March and is to be renewed annually, before the expiry of 31<sup>st</sup> March.

The Units are required to send to RSFI, copies of Circulars/Notices of holding the Club/ Institution /District/State Championship along with a brief report regarding number of participants and events held etc. with in a week of holding of the event.

On receiving the Registration Fees, RSFI will issue a registration number for the skaters, based on which the State/UT Unit will arrange to issue identity card as per RSFI specimen.

6.03: PENALTY FOR ALLOWING PARTICIPATION TO NON-REGISTERED SKATERS IN ANY CHAMPIONSHIPS/CAMPS: - will be RS.250 per skater to be paid by the Concerned unit to RSFI within 30 days of its demand by RSFI. Repeated violations will result in enhanced penalties.

6.04: CAPITATION FEES: to be paid by the organisers to RSFI Shall be Rs.10,000 towards allotment of any championship, the same is to be Paid by demand draft 45 days before conduction of the championships Or when the permission for the same is granted which ever is earlier. RSFI may ask the Organisers for a Security Deposit, which will be returned by RSFI once there is no violation of RSFI rules. The Deposit Amount shall be decided by RSFI.

RSFI affiliated Unit shall charges their sub units/organisers of any state level championships Rs.5000 towards permission to conduct the said championships, while District unit shall charge Rs.2500 towards permission to conduct District level Chmpionships.

6.05: OPT OUT FEES: Incase the RSFI unit whose turn has come to hold the Nationals desires to opt out from their turn, they are to write to RSFI within 31<sup>st</sup> December of the previous year enclosing the opt out fees of R.5,000/- while explaining the reasons for their inability to hold the championships. RSFI in such eventuality may hold the Championship in the concerned State/UT through its own resources or allot the same to other State/UT.

- 6.06: ENTRY FEE: for Nationals and all Championships except state/District/club/institute levels is payable to RSFI. **It must reach the RSFI office at least 14 days before the starting of the Championships.** The entry fee per skater, per discipline for every competition will be :- Club Level Rs.100, District Level Rs.150, State/UT level Rs.200, National & Other Championships Level Rs.250. For Roller Hockey per team charges will be Rs.1,000 for club level, Rs.1,500 for District Level, Rs.2,000 for State-UT level and Rs. 2,500 for National and other championships. **For delayed entries Rs.25 per participant per delay days will be charged subject to the acceptance of the entry by RSFI.**
- 6.07: PROTEST FEE: of Rs.500 per protest shall be enclosed along with every written protest made to the concerned technical Committee Chief referee. The protest must be made by the Team manager/coach within 15minutes before or after completion of the event. Depending on the availability of time and concerned records the Technical committee/RSFI shall decide the matter. In case the protest is upheld the fee will be returned.
- 6.08: SPONSORSHIP FEE FOR NATIONAL/INTERNATIONALS/ZONAL /ALL INDIA/CARNIVAL/MEMORIAL etc: Being named on any individual /trust or company etc may be permitted by RSFI on receipt of Rs.10.000 for Internationals, Rs.5,000 for Nationals and Rs.2,500 for others.
- 6.09: SPONSORSHIP FEE FOR RUNNING TROPHY: To be awarded at National/Internationals Championships will be Rs.5,000, for All India/Zonal championships etc. it will be Rs.2,500 annually payable to RSFI in advance and subject to RSFI's permission for running trophy.
- 6.10: RSFI shall be paid 25% of the Advertisement amounts collected by the hosts for the advertisement of the banners, etc. displayed inside stadium, competition area for Zonal/All India/National/international Level competitions etc. Similar pattern to allowed by the State, District, Club Units while allotting conducting the State – UT/District/Club level competitions to their affiliated Units.
- 6.11: FINE FOR FIELDING OVERAGE PARTICIPANTS/INDISCIPLINE: A Team fielding overaged participants will be fined by RSFI Rs.1000 per participant payable during the Championships. Upon an act of indiscipline during course of Championship or other wise by a State-UT-District-Club body/hosts/official/skater/individual,RSFI may impose a fine on the concerned ranging between Rs.500 to Rs.5000 depending upon its seriousness. The fine may be imposed on one or more parties involved with the incident. In addition to the fine RSFI may take further disciplinary action, as it deems fit. Similar pattern to be followed by the State-U.T. –District-Club bodies in their areas.
- 6.12: IInd class A/C train/A.C.Delux Bus fare to and fro along with DA @ Rs.100 per day to be paid by Units/Hosts to the Observers deputed by RSFI to their State/UT. Similar pattern to be followed by state-UT-district-club bodies in their areas. Befitting lodging to be provided to by State/Ut unit.

#### **7.00: INTERNATIONAL/NATIONAL/STATE/DISTRICT/CLUBLEVEL COACHING CAMPS/SEMINARS**

- 7.01: Federation will organise every year International/National Coaching camps & Seminars for a week in all 3 disciplines. State-District-Club will also organise similarly. Since no funds are given by Central Govt. each participant is to contribute to meet costs of Coach's Airfare,Board-lodging,Out-pocket expenses, fees etc. For International Coach's Camp/Seminar Contribution to be RS.5000 to 10,000, For National level Rs.2500, For State level RS.2000, For District level Rs.1500, For Club/Institute level Rs.1000.

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7.02: For Camps and Seminars Hosts are expected to give free boarding-lodging Local transport to the Participants/RSFI-State officials/Coaches/Referees /Judges, as well as make all arrangements for its conduction. Medical expense for injury/illness are to be borne by participant only. Participants must insure themselves adequately before starting of the Camp/Seminar.

7.03: Skaters selected to take part in the Coaching camps being conducted for sending Indian team abroad shall deposit Rs.10,000/- with RSFI before being allowed to attend the camps. Their deposit will be adjusted against the air tickets/other expenses to be incurred on them. For failing to attend the camp or refusing to go with the team, the deposit of concerned skater shall be forfeited by RSFI with information to Respective State/UT bodies.

7.04 Payments to RSFI be made by way of Demand Draft favoring "ROLLER SKATING FEDERATION OF INDIA", payable at Calcutta. In rare circumstances cash payment may be made to Federation authorised representative including RSFI President/General Secretary/Treasure.

**8.00: ACCOMODATION/BORDING/TRANSPORTATION/T.A.-D.A.:**

8.01: ACCOMODATION FOR OUTSTATION TEAMS: To be provided normally (with not more than 5 participants sharing one toilet-24 hours running water) one day prior to the start of the Championships till the breakfast of the next day to the closing of the Championships. Wherever, due to fund paucity if free accommodation is not possible then with prior permission, the Organising body shall offer two types of tariffs to the Teams i.e. one ranging from Rs.25/- to Rs.50/- per single bed per day with neat Mattress, Pillow, Bed Sheet, Chadder/Blanket/Mosquito Net/Repellent, Clean Toilets & Bath with not more than seven sharing more than one toilet with 24 hours running water. The second tariff between Rs.51/- to Rs. 100/- having better facility and not more than four sharing a toilet. The Organising body may demand upto 20% of lodging tariff money to be sent by teams in advance to RSFI to ensure that there is no last minute cancellation. This advance shall not be refunded in case of cancellation.

8.02: ACCOMODATION FOR RSFI OFFICIALS: 2/3 star type accommodation to be provided by Organisers with maximum four sharing one toilet.

8.03: BOARDING FOR PARTICIPANTS: Wherever the Organisers are not in a position to arrange free/partially free boarding then by prior permission from RSFI they should arrange subsidised meal ranging between Rs.25 to Rs.65 per day, costs to be borne by the participants.

8.04: TRANSPORT FACILITIES: On receipt of prior information the host will try to receive the out station teams at Railway Station/Bus Stand. Transportation will be provided, from place of official accommodation to the rink and back, at fixed timing, if the place of accommodation is situated more than 1.5 km from the rink or venue of the event.

8.05: T.A./D.A. FOR RSFI TECHNICAL OFFICIALS/SPECIAL INVITEES: Organisers are to pay two way actual second class sleeper (non-AC) Railway fare/Bus fare. Only 25% fare to be paid when concession certificates is issued 45 day before Championships. Organisers are to provide suitable meals to RSFI officials. Failing which they have to pay Rs.75/- per day from the day their journey began to the day they reach back home.

8.06: EARLY ARRIVAL/LATE DEPARTURE OF TEAMS: The organisers are not obliged to make any arrangement for receiving and lodging the teams which reach the place of the Championship more than one day prior to the start of Championship and depart after the breakfast of the next day to the closing of the Championship. The teams coming earlier and/or going late must make their own arrangements.

**9.00: AWARDS/RANKING:**

9.01: MEDALS\*: Gold, Silver, Bronze medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> positions. Consolation prizes may be given to those cleared by RSFI. For National/Zonal/All India medals will be provided by RSFI.

9.02: CERTIFICATES\*: will be issued to the participants, who have taken part in the Championships. The same will be handed over to the team managers/association for distribution. For National/Zonal/All India certificates will be provided by RSFI.

**\* The medals, Certificates and other awards will be issued only to the participants who attend the Opening and Closing ceremonies of The Championships.**

9.03: MEMENTOES FOR RSFI OFFICIALS/INVITEES: Will be provided by RSFI for National/Zonal/All India Championships. Mementos will be limited to 75 for National & 50 in case of Zonal/All India.

9.04: TROPHIES: may be awarded by prior written permission from RSFI.

9.05: RANKING OF INDIVIDUAL CHAMPIONS IN ARTISTIC & SPEED:

Individual Artistic Champion ranking shall be awarded based on the total marks secured by the skater for Figure & Free Skating.

Individual Speed Champion Point shall be awarded in the following manner: 1<sup>st</sup> place–5 points, 2<sup>nd</sup> place–3 points, 3<sup>rd</sup> place–1 point.

9.06: RANKING OF TEAMS FOR SPEED/HOCKEY/ARTISTIC SKATING: Points shall be awarded in the following manner: 1<sup>st</sup> place–5 points, 2<sup>nd</sup>–place-3 points, 3<sup>rd</sup> place–1 point.

9.07: OVERALL RANKING OF TEAMS FOR SPEED,ROLLER HOCKEY,ARTISTIC, COMBINED: Points shall be awarded in the following manner: 1<sup>st</sup> place – 5 points, 2<sup>nd</sup> place – 3, 3<sup>rd</sup> place – 1 point.

**10.00: GENERAL RULES:**

10.01: CHAMPIONSHIP AND PRACTICE TIMINGS: To be circulated usually one day prior to the conduction of the events.

10.02: COORDINATORS/OBSERVERS: may be deputed by RSFI for conducting the championship & or to submit their report on its conduction.

10.03: FLAG: Every team shall bring 2 State /UT Association Flags one for March past and the other for hoisting. Size approximately 6 x 3 Feet.

10.04: GRIEVANCES: Participants are to send the same through Organising Secretary only through their team manager/s.

10.05: INDISCIPLINE: The Federation will take disciplinary action against those misbehaving/delaying/stopping the championship by levying penalties/suspensions/debarring the concerned person/s from the championship site and or from attending all future events of RSFI.

10.06: INJURY/DAMAGES/LOSS: RSFI-STATE-UT Association/Organisers and their officials will not be responsible ,liable for any injury/damage/loss caused during their championships to any person/s.

10.07: NATIONAL BLAZER, COLORS, AND TIE: National Blazer, National Team Colors are to be worn only by officials and participants selected by RSFI who represented the Country in Internationals Championships. Misuse of the same by any person will result in RSFI action.

- 10.08: NATIONAL COACHING CAMPS: All probable /nominated skaters are to attend the same. They are not to leave the camp without written permission of the Federation.
- 10.09: TEAM UNIFORMS: should only be worn by the Team Members during The Championships. During Artistic /Speed events they may choose their individual style/color. In case of Roller Hockey the team must have identical uniform.
- 10.10: RSFI OFFICIALS ARE RESTRICTED: from acting as managers/coaches for any participating team in the concerned championship, in which they are to officiate. The Judges/Referees must maintain safe distance from Participants & officials of the participating teams.
- 10.11: SELECTION FOR ASIAN/INTERNATIONAL CHAMPIONSHIPS:  
In case of Speed, Artistic and Roller hockey the previous National medal winners age above 12 years (as on 1<sup>st</sup> January before holding of the Asians) will qualify as probable for Asians. In case of Speed skating State/UT units may recommend one participant each in men and women groups who have later surpassed the previous National's record. In Roller Hockey non-medal winning State/UT unit may recommend 3 deserving skaters while medal winning State/UT may recommend 1 skater additionally besides the medal winners. Besides the above RSFI may invite deserving other probable/s too.
- 10.12: SELLING OF SKATING EQUIPMENTS: is not permitted at the venue of the Championships and or at the place of Official Boarding & lodging. Persons desirous of doing so must take written permission from RSFI.
- 10.13: SOUVENIR: Articles to be published during the championship require required clearance of RSFI prior to printing.
- 10.14: RSFI-HOST COORDINATING COMMITTEE DURING CHAMPIONSHIP:  
will consist of The president, Secretary of the host unit and Organising Secretary of The Nationals and RSFI nominated officials. The committee will meet every night after conclusion of the events of the day to ensure smooth conduction of the championship.
- 10.15: PROGRAMME OF THE CHAMPIONSHIP: will be worked out by Technical Committees of The Federation and or its representative in consultation with The Hosts. The Organisers are to try and ensure that minimum 1 hour lunch break is to be given any time between 12 noon to 3 PM and no events are held preferably before 6am and after 8.30pm.
- 10.16: TECHNICAL COMMITTEES/OFFICIALS: may be deputed by RSFI to guide and control all the events with assistance of the State local organizers.
- 10.17 ALL PANEL REFEERS /JUDGES/COACHES MUST HAVE RSFI ANNUAL CERTIFICATION.** All qualified coaches/referees/judges will be given RSFI certificate, ID card and set of rules. National & State level coaches/referees/judges will be given Vedio cassette of the game.

The certificates shall be given in the following categories:

B: entitled at Club Level

A: entitled at district level

AA: entitled at State/UT level

AAA: Entitled at National /All India level

Test fee Rs.250/- + Boarding and lodging charges have to be paid by the participants. Annual registration fee is to be paid by the each coach/referee/judge who qualify in the clinics/tests conducted by RSFI.

Federation after examination will issue Annual certificates to National/ State/District /Club level Coaches/Judges/Referees. Participants will be charged Rs.1500 for National, RS.1000 for State, RS.750 for District, Rs.500 for Club level Certificates. Annual renewal fee to be paid before 31st March there after late fee Rs. 50/- per month will be charged. Certified Coaches/Referees/Judges should preferably officiate /coach outside the District/State-UT only after getting prior written permission from the respective District/State-UT Associations.

**NOTE: Certificate is valid for one year, renewal shall be given only after reviewing performance and assessment for the previous year.**

10.18: TEAM MANAGERS AND COACHES: Each team is allowed one manager, one lady manager (if girls are participating) and one coach. They must Compulsorily be present during their team participation and at least one of them must be present through out the championship session/meetings.

10.19: UNIFORM OF OFFICIALS:

ARTISTIC: Male judges shall wear a navy-blue blazer and gray trouser with a white shirt and dark tie. Female judges shall wear a navy blue dress (with or without a navy blue jacket/blazer), or a navy blue suit; or navy blue blazer and gray skirt with white blouse.

HOCKEY: referees to wear all white shirt with collar, long white trousers, white socks (Pure white, not cream or off-white). If one team is playing with white shirt then referee will change his shirt to Black.

SPEED: White jersey, white trousers (for women; white jersey and skirt or white trousers). White socks and white shoes.

10.20: OTHER RULES AND REGULATIONS: Approved by RSFI all though not Contained herein shall be in force as per RSFI Constitution.

**10.21: JURISDICTION**: All disputes relating to and or arising out of the rules and regulations mentioned above and or in conduction /organization of the championships shall only be referred to the High court at Calcutta where H.O of the RSFI is situated.

10.22: IMPORTANT NOTE: Decision of RSFI jury of appeal in any championship /tournaments will be final and binding on all participants and officials.

10.23: SELECTION OF STATE-UT/DISTRICT/CLUB/INSTITUTE/TEAMS: should be conducted after proper selection/trials which shall be given maximum publicity. If the team is selected on the basis of any Championship, the skaters should be informed of the same prior to conduction of the championships.

10.24: TWO WEEKS CAMPS PRIOR TO PARTICIPATION IN CHAMPIONSHIP: should preferably be organized by State-UT/Dist. Association.

10.25: CHAMPIONSHIP COMMITTEE: will scrutiny all the entries and supervise Compliance of formalities with assistance of the State/District/ Club/ Institution/Local Organisers.

10.26: JURY OF APPEAL: Consists of RSFI nominated Chairman, Presidents of all affiliated Units, RSFI President & Secretary, Advisors to President of RSFI, Technical Committee Chairmen and Organising Secretary.

10.27: ADVANCED COACHING ABROAD: National medal winners (above 12 years age) seeking individual advanced training abroad must apply to Federation through proper channel 4 months in advance of the proposed journey furnishing details as per Annexure-I(for taking permission from Federation).

ELIGIBILITY:

- Medal winner of the last 2 Nationals
- The skater/s concerned shall not have any record of in discipline for the last 5 years in the District/State/U.T. Association/National Level.
- The skater/s shall give an undertaking to the effect the he/she shall attend the Nationals/Indian Team selection trials.
- There must be an invitation letter from the training body/coach.

NOTE: When permission is given, the skater on return must submit to the Federation a tour report with achievements.

- a) During the tour if the skater use the opportunity to meet coaches/skaters or attend skating meets, camps/seminars it shall be under his or her individual capacity and not as a representative/member of the Federation/Indian Team.

**11.00 CLUB-DISTRICT-UT ZONES-STATE-UT FORMATION**

a) State-UT-UT zones- District Association and Club shall be registered with charity commissioner/registrar of societies. They will follow the Memorandum of Association, rules & regulations strictly as per the Model made out by RSFI and as per guidelines of RSFI.

b) State association must constitute of 50 % of the existing districts in the state as its only voting members. The UT association must constitute of 2 to 5 UT zones as per RSFI guidelines and these Zones only will be its constituted voting members. Small States who do not have Districts may be allowed to follow the rules of UT zones as per guidance of RSFI.

C) State-UT Association must send 30 days notice by speed post to RSFI prior to holding their State/UT Championships and or conducting their Annual General Meeting-Special General Meeting-Election Meeting. The said notice must contain agenda of the meeting, copy of the minutes of their last AGM-SGM-EM, annual report, names-addresses-phone nos. of the voting members. State-UT Association AGM should be held once in a year and election meeting once in four years. Same pattern to be followed by UT zones-District Association and Club. Those units not following the above guidelines may be suspended and or their affiliation withdrawn by the Federation.

d) Districts are classified in 3 categories as below: -

Those having population under 10 lacs to have at least 2 affiliated clubs.

Those with population 10 to 20 lacs to have at least 3 affiliated clubs.

Those with population 20 lacs and above to have at least 5 affiliated clubs.

Voting right of District shall remain only with its affiliated clubs formed as per RSFI guidelines.

e)The District-UT zone association will invite Schools, Colleges, other institutions and corporate bodies (which promotes Skating on regular basis) as Invitee members without voting rights. The membership charges in this respect to be decided by the state body from time to time while keeping RSFI informed. Schools, Colleges, other institutions and corporate bodies may form clubs as per RSFI model.

f)The District-UT zone association shall organise at least 2 competitions at District-UT zone level every year. Minimum 1 month notice shall be sent prior to the date of the event to each affiliated clubs-nominee members and State Body by way of speed post as well as a press note must be put out in the popular local news paper announcing the same.

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g) Each District-UT zone to host the State-UT Championship in Alphabetical order. District-UT zone that fails to host the State-UT Championship shall pay the penalty to the State-UT Association as may be determined by time to time by the State-UT Association in consultation with RSFI.

h) The club shall constitute of the following voting members who reside in the city/town where the club is located:

- a) Maximum 3 persons who are RSFI Registered Coaches/Referees/Judges, one each to be taken from each skating discipline.
- b) Maximum 3 district/State/National level retired skaters who undertake to devote sufficient time to promote skating, one each to be taken from each skating discipline.
- c) One lady Social Worker of the district.
- d) 1 Ex-Officio from State-District Association (from any part of state)
- e) Maximum 3 RSFI Invitee Members who are from the concerned state

In areas where persons from Category "a, b, c, d" are not available, RSFI Invitee Members will be allowed to start the club initially. It is expected that in 2 years the above categories i.e. a, b, c, d shall be brought in to the being. In areas where "e" is also not available, RSFI shall itself promote skating.

i) A club should have minimum 20 Registered skaters who must participate in the club's annual competitions every year. The club must ensure the following: -

It must arrange "smooth, non-slippery, non-adhesive surface fit for roller skating" having dimensions of at-least 36 mtrs. X 18 mtrs, where the registered skaters of the club can regularly practice skating.

Avail equipment necessary for skating.

Organise annually 2 coaching camps of 1 week each with state level RSFI registered coaches preferably for all the 3 disciplines with 30 days prior information by speed post to the District-State Association.

Organise well publicised 2 competitions annually in local area with 30 days prior information through speed post about the same to District-State Association. 1<sup>st</sup> competition will be at Club level and 2<sup>nd</sup> one for selection for District Championships.

f) RSFI shall send to each State-UT association annual booklet having rules of the game including the information on skating equipment along with suggested price list etc. The booklet is to be passed on by them through District-UT zone Association to the clubs. The clubs in turn will pass on the same to their registered skaters as well as put up the same on their notice board, well visible to all skaters.

### **12.00 CHAMPIONSHIP APPLICATION/NOTIFICATION:**

#### **12.01: APPLICATION FOR NATIONAL/STATE-UT LEVEL CHAMPIONSHIPS:**

Nationals require approval of RSFI while State-UT Championships require approval of RSFI recognised STATE-UT unit. Wherever RSFI Unit does not exist in a State-UT then application is to be sent to RSFI.

#### **12.02: SUBMISSION OF DETAILS FOR PROPOSED CHAMPIONSHIP:**

The application must be sent submitting all details as per Clauses 12.03, 12.04, 12.05 to 12.11.

#### **12.03: PROPOSED BUDGET/STATE COUNCIL CLEARANCE SUPPORT:** With

details of sponsor/s and a declaration to submit to RSFI, the final expenditure statement duly audited within 45 days of the conduction of the said Championships.

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- 12.04: LIST OF CURRENT OFFICIALS: of the unit applying for Championships with their address/phone/fax nos., etc.
- 12.05: INSPECTION/APPROVAL OF CHAMPIONSHIP VENUE: On receiving the application along with capitation Fee, RSFI may depute its Official/s to inspect the venue of the Championship. T.A./D.A. to the deputed official/s shall be met by the Organisers. If RSFI is satisfied with the application/inspection report then the allotment letter will be given to the Organisers.
- 12.06: CHAMPIONSHIP CORRESPONDENCE: Only after obtaining the allotment letter of RSFI the Organisers shall correspond with RSFI units. Correspondence with Central Government and its Bodies and all other National Level bodies will be done only by RSFI.
- 12.07: ENTRY FORMS/INVITATION: After allotment of the Championship RSFI will send the entry forms to all the Units. The organisers will send the invitation to RSFI Units with Championship details as per Clause 12.08 to 12.20, usually 45 days prior to the Championships.
- 12.08: TITLE: (Name of the Championship)
- 12.09: VENUE: Address/s – Phone nos.-Fax nos. of the Organizing Secretary/the Rink/Road/Reporting place. Attach City Map.
- 12.10: DATES: Reporting/Opening/Closing dates of the Championships.
- 12.11: RINK DATES: Size/s, type of floor/s, covered/uncovered; type of railing/barriers around the Rink keeping the Rink Hockey requirements in mind; Lighting arrangements for skating in the night, dressing rooms, toilets, seating capacity, air cooled/exhaust fan, catering arrangements, water supply, office, electricity problems if any.
- 12.13 ROAD RACE SITE: Open or closed circuit, cement/tarmac surface, width of course, lap distance, gradients if any, give proper Sketch.
- 12.14: PROPOSED EVENTS/AGE GROUPS/NUMBER OF PARTICIPANTS:
- 12.15: ACCOMODATION DETAILS:
- 12.16: BOARDING DETAILS:
- 12.17: TRANSPORTATION DETAILS:
- 12.18: SEASON: Minimum/Maximum temperature, clothing suggested, Umbrella requirements.
- 12.19: CHAMPIONSHIP EXTRA AWARDS: Give details of awards other than routine Medals and Certificates.
- 12.20: RINK AVAILABILITY FOR PRACTISE: One day prior to the Championships is to be confirmed by the Organiser.
- 12.21: VIDEOGRAPHER: Availability during conduction of all events is to be confirmed by the Organisers, one free copy of all videotapes shall be provided to RSFI.
- 12.22: OPENING & CLOSING CEREMONY: Program details are to informed by the Organisers.
- 12.23: MEDICAL AID TEAM: Availability throughout the Championship is to be is to be confirmed by the Organisers.

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12.24: MEDIA COVERAGE: Organisers to inform what special efforts are being made to get maximum coverage over News & Electronic Media.

12.25: OTHER ARRANGEMENTS:

- a) Security at accommodation/rink/road sides.
- b) Emergency lights/generators/fire fighting equipment
- c) Notice board at accommodation & rink
- d) Availability of Equipment desired by the Technical Committees
- e) Flag hoisting/Placards for RSFI Units.
- f) Separate enclosures for (i) Teams, (ii) Press, (iii) Jury of Appeal, (iv) Technical Officials, (v) Medical Team, (vi) VIP's, (vii) Sponsors & Special Invitees.
- g) Badges to Officials.
- h) Chest Numbers to participants (starting from 101).
- i) Send daily news by Fax, Telex, Telephone, Courier, etc to the Press/AIR/Doordarshan. Newspaper cuttings to be sent to RSFI.
- j) Championship Banners to be displayed at Venue, Accommodation, Bus-Stand, Railway Station and other important places.
- k) Refreshments to officials during meeting time & Championship.
- l) Permission for conducting road races.

13.00: PRESENCE OF RSFI OFFICIALS/NOMINATED OFFICIALS/PRESIDENT & SECRETARY OF EVERY ASSOCIATION DURING NATIONALS:

NATIONALS: All RSFI Executive Committees & Technical Committees are expected to be present during National Championships. Leave of absence will be allowed only with prior intimation to the Federation giving valid reasons.

14.00: FOR FURTHER CLARIFICATION/INFORMATION: Write to RSFI, 14/2 Clive Row, Calcutta-700001. Fax No. 033-2403329, Tel. Nos. 033-2477346/2477583. E-mail address: [rsfi@hotmail.com](mailto:rsfi@hotmail.com).

SPEED SKATING

1.00: SPEED SKATING DISTANCES IN METERS & TYPE OF RACES.

AS PER ANNEXURE II.

1.01: Maximum number of skaters allowed from each State/U.T. is 3 (three) for Quads, 3 (three) for Inline in each age group for male & female sections separately.

1.02: Quad skaters are not allowed to take part in Inline races & vice versa.

1.03: Out of the total 6 skaters per category participating in Quad & Inline, in age groups 12-14/Above 14, 2 skaters each in this two age groups are additionally allowed to take part in Point to Point & Elimination races in their respective age groups only with their respective skates.

1.04: Each skater can take part in maximum of two races out of three, with not more than two skaters in each race from one Unit. However, skaters may take only Point to Point & Elimination races as additional races.

1.05: Both Quad & Inline skaters taking Point to Point/Elimination races as additional races shall participate in Point to Point/Elimination races with respective skates only i.e. for Point to Point/Elimination race, Quad skater to skate with Quad skates & Inline skater to skate with Inline skates only.

1.06. For Rink Races the lap should normally be Minimum 125 meters and Maximum 400 Meters, with a width of minimum 5 meters. Provided that if the organisers are not able to arrange the above, permission for conducting the Rink Races in 50 to 125 Meter lap, must be obtained from the RSFI in writing.

1.07: Direction of the race will be anti-clock wise.

1.08: For every competition only standing starts are permitted. The starting signal is to be given either by blowing of a whistle or by clapper or through a gun short. The start is given through two signals by the starter. He first says 'attention' and then he blows whistle/claps clapper/ fires a shot.

For Time Trials Competitions, the start will be as follows: both skates or parts of these must touch the ground and must not be moving. The oscillation of the athlete's body is allowed. A dashed line must be drawn 50 cm from the starting line. The skater must have one skate at least within the two line. The first movement of the skate will be in the direction of the competition.

1.09 : In any competition in case of false start, the judge shall call back competitors to the starting line. Athletes resume their positions and the start is repeated. When an athlete starts before a signal is given, the start is cancelled and the athlete involved is penalized, after 3 violations he is disqualified.

For Time Trials the starter authorizes the competitor to go. The athlete has 15 seconds to start the competition and if he/she does not do, a false start will be declared. Neither the "attention" order or the "whistle/clapper or shot" is required.

1.10: The skater who has been lapped i.e. the skater who has fallen behind

by one full round, will have to withdraw from the race. This rule does not apply to those who are second & third position.

1.11: When a falling down of one skater causes the falling of others & it takes place within 130 meters distance from the start line, then the race will be restarted.

1.12: Participants of both sexes are to wear corresponding uniforms. Any athlete not being properly equipped may be excluded from the competition.

1.13: The competition uniform will be composed of short or long sleeved uniform of the State/U.T. association colors. Short pants or slacks should be there.

1.14: Head Gear

1.15: Only Traditional (Quad) Skaters allowed for races Rink I, Rink II & Road I and only Inline Skaters allowed for Races Rink III, Rink IV, Road III, Elimination & Point to Point. (refer Clause No. 1.01 to 1.05)

The use of every type of skate with wheels, skates with two pairs of wheels fastened parallel to each other or having a maximum of six wheels fastened in inline.

Traditional Skates (Quad): Skaters having two pairs of wheels fastened parallel to each other.

Inline Skates: Skates with wheels having a maximum of six wheels fastened inline. Skate must not exceed 50 cm in length.

Skates must be firmly attached to shoes & axles are not to protrude from wheels.

The use of brakes is forbidden.

1.16: Skaters will be provided with duplicate chest numbers, one is to be worn on their back and the second one on their left hip properly. Numbers must be clearly visible.

1.17: Any athlete being lapped must not obstruct the passage of his opponent nor help anybody to obstruct them.

1.18: In case of a fall, a contestant who feels that he is able to continue his race must rise to his feet without any help from a third party, otherwise he will be excluded from the race.

1.19: All skaters are to take part in the race fairly and enthusiastically, those showing negative attitude or being clearly no equal to the required standard may be excluded from the competition.

1.20: A skater is not allowed to push another competitor intentionally or to spread out in front of him. It is also forbidden to push, obstruct or help any opponent.

1.21: In case of a push, the effected skater can raise his hand to draw the attention of the judges, but he should not leave the race. Only after completion of the race will the judge decide the merit of the case. No skater will give up the race on account of falling for having being pushed or obstructed. His case will be considered only if he completes the race.

1.22: Competitors are strictly forbidden to accept any sort of help, except for material damaged to their skates.

- 1.23: In case of large number of entries, Heats/Quarter Finals/Semi Finals & Finals will be conducted. Maximum six in a heat; first two to be taken upto Quarter Final stage then onwards first three to be taken in Semi Finals & Finals.
- 1.24: Draw of Heats & line up will be done by the organizers in the presence of RSFI observers in advance.
- 1.25: For mass starts, the rows of competitors are to be 50 cm far from each other.
- 2.00: RECOGNISING & VALIDATING SPEED SKATING NATIONAL RECORD:
- 2.01: In any Championship (minimum level State Championship) request to RSFI for recognizing and validating records may, be made subject to the following conditions:
- 2.02: The distance over the records are set as per 7/RR/18<sup>th</sup> Oct.'2000
- 2.03: The record set must be witnessed by 4 RSFI officials, invited specifically for this purpose (3 STC/STP Officials and 1 RSFI Observer).
- 2.04: The invited RSFI Officials will be responsible to ensure that the races have been conducted in accordance with the Rules.
- 2.05: 2 out of 3 timers will be from STC.
- 2.06: The 4 invited RSFI Officials will be entitled to: As per 7RR Clause 8.02, 8.04 & 8.05.
- 2.07: The record will only be recognised by RSFI if all the 4 RSFI Officials unanimously agree that the race was run strictly as per Rules.
- 2.08: For Road competitions the Record will not be recognised if the wind is in favour of the athlete exceeds 2 m/sec.

## ARTISTIC SKATING

## 1.00: GENERAL:

1.01 Maximum 52 boys + 52 girls Artistic skaters can participate from a team in a championship. In case a skater is participating in more than 1 event in Artistic, accordingly the number of participants from the said team will reduce in the Artistic Team.

Age Groups Total	FIGURE		FREE		Pair #		Ind. Classical Dance			
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Below 6	3	3	3	3	nil	nil	1	1	7	7
6 - 8	3	3	3	3	2	2	1	1	9	9
8 -10	3	3	3	3	2	2	1	1	9	9
10 -12	3	3	3	3	2	2	1	1	9	9
12 -14	3	3	3	3	2	2	1	1	9	9
Above 14	3	3	3	3	2	2	1	1	9	9

1.01 # every Pair Team forms of 1 boy and 1 girl. Boy should not look shorter than the girl who pairs with him. Female partner can be permitted from same or any lower age group.

For Pair Skating the male can have his female partner from the same age group or lower age group provided they look like partner in the eyes of judges. And a female can have her male partner from same age group or higher age group
--

1.02: Timing starts with the first movement of the skate.

1.03: skaters will have to deposit their recorded music on a cassette to the sound system official half an hour before the start of the event. The cassettes must clearly mention the Name/Age Group/State-U.T. details of the participant. The cassette should not have any other music than the one intended to be played during performance of the said skater. The music and content of the program would be the skater's choice .  
**Music should not contain any vocal voice.**

1.04: Judgement will be done on the basis of content of the program (Technical Merit) and for the manner of performance (Artistic impression).

**Judges shall award two (2) marks for a free skating program. The first shall be for "A" which is technical merit. The second shall be for "B" which is Artistic Impression.**

1.05: Judges shall award marks out of ten with additional fractional marks of point one (0.1) through point nine (.9), immediately after the performance of the skater.

THE VALUE OF SCORES ASSIGNED FOR ARTISTIC ROLLER SKATING COMPETITION ARE ASSIGNED AS FOLLOWS:

0.0	NOT SKATED
0.1-0.9	EXTREMELY BAD
1.0-1.9	VERY POOR
2.0-2.9	POOR
3.0-3.9	DEFECTIVE
4.0-4.9	BELOW AVERAGE
5.0-5.9	AVERAGE
6.0-6.9	FAIR
7.0-7.9	GOOD
8.0-8.9	VERY GOOD

9.0-9.9 EXCELLENT  
10.0-0.0 PERFECT

1.07: The judges can stop the skater from further of performing if found to be below standard.

2.00: FREE SKATING

2.01: The basic movements in a Roller Free Skating program consists of jumps, spins & foot work, which are blended in harmony with the skater's choice of music.

2.02: The following program essentials considered when arriving at an Artistic Impression for a single program i.e. Form, Virtuosity, Interpretation, Arrangement, Timing.

Technical Merit: In determining the score for technical merit, the consideration given to: Variety of content & Difficulty of content.

Variety of Content: The following list is a guide to variety, not an indication of importance. Each should consist of: Spin, Jumps, and Footwork.

Difficulty of Content: This portion of the free skating score must take into consideration the level of difficulty of jumps, spins & footwork which are presented in the program.

2.03: FREE SKATING TIMING FOR SUB-JUNIOR AGE GROUP:  
(NO SHORT AND LONG PROGRAM FOR SUB-JUNIOR AGE GROUPS)

Age Groups	Timing
Below 6 Years Boys/Girls-	NO PAIR SKATING
6 to 8 Years Boys/Girls-	2.00 Minutes (Plus or Minus 10 seconds)
8 to 10 Years Boys/Girls-	2.30 Minutes (Plus or Minus 10 seconds)
10 to 12 Years Boys/Girls-	3.00 minutes (Plus or Minus 10 seconds)
All age groups above 12	-4.00 minutes (Plus or Minus 10 seconds)

2.04: FREE SKATING SHORT & LONG PROGRAM FOR JUNIOR & SENIOR AGE GROUPS:

2.05: Free Skating event shall consist of two (2) parts: A Short program & a Long program.

2.06: All contestants shall skate a Short program of 2 minutes duration, with a time variance of plus or minus five seconds.

2.07: The actual of skating for the long program groups shall be determined from the results of the Short Program.

2.08: All contestants shall skate a long program of 4 minutes duration, with a time variance of plus or minus 10 seconds.

2.09: The Short program shall have a value of 25% of the event point total, with the long program having a value of 75% of the event point total.

2.10: FREE SKATING TIMING FOR JUNIOR & SENIOR AGE GROUPS:  
Age Groups: 10-12, 12 to 14 Boys/Girls & Above 14 Years Men/Women

	Timing
Short Program	2.00 Minutes (Plus or Minus 5 seconds)
Long Program	4.00 Minutes (plus or Minus 10 seconds)

2.11: FREE SHORT PROGRAMME SET ELEMENTS FOR ABOVE 12 YEARS MEN/WOMEN:

2.12: Axel-This can be a single, double or triple.

- 2.13: Toe Assisted Jump-This can be a single, double or triple  
 2.14: Combination of jumps, minimum three(3) jumps, maximum five(5) jumps, to include one jump with two revolutions or more.  
 2.15: One Class A Single Spin- Select from the following list (entry and exit optional): - Inverted Camel(any edge), Heel Camel(forward or backward), Broken Angle(forward or backward), Lay Over Camel(any edge), Jump Camel, Jump Sit.  
 2.16: Spin combination of two or three positions with or without change of foot. At least three(3) revolutions in each position. The entry and exit are optional.  
 2.17: Step sequence- Advanced footwork to cover at least three quarters of the diagonal of the skating surface.

**General:**

- The single elements listed may also be skated in the combination jumps or spins.
- The elements may be skated in any order
- No additional elements may be skated
- The six listed elements must not be repeated. No additional elements may be skated. Each additional elements attempted will carry a penalty of .5 from the "B" mark with no credit given to the "A" mark.
- An element not attempted will carry a penalty of .5. The penalty will be taken from A mark.
- Any Class "A" spin with more than one position will be given a deduction of 0.5 from the "A" mark.  
 Any spin combination with more than three positions will be given a deduction of 0.5 from the "A" mark  
 Any jumps combination of more than five (5) jumps will be given a deduction of 0.5 from the "A" mark.
- Falls-The complete loss of balance involving body contact with the skating surface will receive a penalty of 0.3 for each fall. The penalty will be deducted from the B mark.
- The timing of the short program will be two(2) minutes, plus or minus five (5) seconds (2:00 +/-:05).

**2:11B:FREE SHORT PROGRAMME SET- ELEMENTS FOR 10-12 YEARS MEN/WOMEN:**

- 2.12B: Axel-This can be a single, double or triple.  
 2.13B: Toe Assisted Jump-This can be a single or double  
 2.14B: Combination of jumps, minimum three(3) jumps, maximum five(5) jumps, to include one jump with two revolutions or more.  
 2.15B: Spins: OF/IF/OB/IB Camel  
                   Jump Sit /Jump Camel  
                   Camel-Change-Camel  
                   Layover/Broken Angle  
                   Hell/Inverted  
 2.16B: Spin Combination: Upright, Camel-Sit, Class-"A"  
 2.17B: Step Sequence: Primary, Secondary, Advanced to cover at least three quarters of the diagonal of the skating surface.

**2.18B:General:**

- The single elements listed may also be skated in the combination jumps or spins.
- The elements may be skated in any order
- No additional elements may be skated
- The six listed elements must not be repeated. No additional elements may be skated. Each additional elements attempted will carry a penalty of .5 from the "B" mark with no credit given to the "A" mark.
- An element not attempted will carry a penalty of .5. The penalty will be taken from A mark.
- Any Class "A" spin with more than one position will be given a deduction of 0.5 from the "A" mark.  
 Any spin combination with more than three positions will be given a deduction of 0.5 from the "A" mark

Any jumps combination of more than five (5) jumps will be given a deduction of 0.5 from the "A" mark.

-Falls-The complete loss of balance involving body contact with the skating surface will receive a penalty of 0.3 for each fall. The penalty will be deducted from the B mark.

-The timing of the short program will be two(2) minutes, plus or minus five (5) seconds (2:00 +/-:05).

## 2.19: FREE SKATING: CONTEST ITEMS IN THEIR ORDER OF DIFFICULTY:

### **SPINS**

#### **CLASS: A**

- |                              |                                  |
|------------------------------|----------------------------------|
| 1. LAY-OVER CAMEL (ANY EDGE) | 2. CAMEL-JUMP-CHANGE-CAMEL       |
| 3. SIT-JUMP-CHANGE-SIT       | 4. CAMEL-SIT-CAMEL (COMBINATION) |
| 5. JUMP CAMEL                | 6. JUMP SIT                      |
| 7. INVERTED CAMEL (ANY EDGE) |                                  |

#### **CLASS: B**

- |                                    |   |
|------------------------------------|---|
| 1. OB CAMEL (ARABESQUE)            | 2. IB CAMEL (ARABESQUE)                             |
| 3. IF SIT SPIN                     | 4. OB SIT SPIN                                      |
| 5. CAMEL-CHANGE-CAMEL              | 6. JUMP SPIN (IN TO ANY CLASS B SPIN, LAND ON EDGE) |
| 7. COMBINATION SIT SPIN (ANY EDGE) |   |

#### **CLASS: C**

- |                        |                        |
|------------------------|------------------------|
| 1. IB SIT (HAINES)     | 2. OF SIT SPIN         |
| 3. TOE-STOP SIT SPIN   | 4. CROSSED-FOOT SPIN   |
| 5. OF CAMEL            | 6. UPRIGHT COMBINATION |
| 7. JUMP OR CHANGE SPIN |                        |

#### **CLASS: D**

- |                |                     |
|----------------|---------------------|
| 1. IF UPRIGHT  | 2. IB UPRIGHT       |
| 3. OF UPRIGHT  | 4. OB UPRIGHT       |
| 5. IF SIT SPIN | 6. TOE-STOP UPRIGHT |

#### **CLASS: E**

- |                     |                      |
|---------------------|----------------------|
| 1. HEEL & TOE       | 2. TWO TOE           |
| 3. TWO HEEL         | 4. FAKE CROSSED-FOOT |
| 5. FAKE CROSSED-TOE |                      |

## -----JUMPS-----

#### **CLASS: A**

- |                        |                      |
|------------------------|----------------------|
| 1. TRIPLE MAPES        | 2. TRIPLE TOE WALLEY |
| 3. TRIPLE SALCHOW      | 4. TRIPLE FLIP       |
| 5. TRIPLE LOOP         | 6. TRIPLE LUTZ       |
| 7. TRIPLE AXLE PAULSON | 8. TRIPLE BOECKL     |
| 9. TRIPLE LUTZ         |                      |

#### **CLASS: B**

- |                        |                      |
|------------------------|----------------------|
| 1. DOUBLE MAPES        | 2. DOUBLE TOE WALLEY |
| 3. DOUBLE SALCHOW      | 4. DOUBLE FLIP       |
| 5. DOUBLE LOOP         | 6. DOUBLE LUTZ       |
| 7. DOUBLE AXEL PAULSON | 8. DOUBLE BOECKL     |
| 9. SPLIT FLIP          |                      |

#### **CLASS: C**

- |                |                      |
|----------------|----------------------|
| 1. 1 ½ FLIP    | 2. 1 ½ LUTZ          |
| 3. WILSON      | 4. LUTZ WITHOUT TOE  |
| 5. BOECKL      | 6. AXEL PAULSON      |
| 7. COLLEDGE    | 8. LOOP ( IF OR OF)  |
| 9. SPLIT MAPES | 10. SPLIT TOE WALLEY |

#### **CLASS: D**

- |                      |                        |
|----------------------|------------------------|
| 1. BULER (HALF LOOP) | 2. SPLIT OR STAG WALTZ |
| 3. WALLEY            | 4. LUTZ                |

5. PAT LOWE
7. 1 ½ ROE WALLEY

6. 1 ½ TOE MAPES
8. COMBINATION JUMP (3 JUMPS INCLUDING 1 FULL TURN JUMP)

**CLASS: E**

1. SALCHOW
3. WALTZ JUMP
5. STAG
7. MAZURKA (1/2 REV.)

2. MAPES OR TOE WALLEY
4. FLIP
6. SPLIT (1/2 REV.)
8. JUMP (OB OR IB)

**CLASS: F**

1. BUNNY HOP
3. STAG LEAP
5. MOHAWK ( 1 OF 4)
7. HALF FLIP
9. HALF MAPES

2. SPLIT
4. FLYING TURNS (3'S RACKETS, ROCKERS, COUNTERS 1 OF 16)
6. CHOCTAW ( 1 OF 4)
8. HALF LUTZ

-----FOOTWORK-----

- ADVANCED MOVEMENTS
- SECONDARY MOVEMENTS
- PRIMARY MOVEMENTS

3.00: **FIGURE SKATING:**

3.01: Movements of skaters on different edges on well defined circle eight of various types will comprise figure skating.

3.02: Each figure must be skated three times without stopping after initial start.

3.03: In case of false start the referee may allow a skater to start the figure a second time without penalty. The decision to re-start is at the skaters discretion. The decision must be made in the first third of the circle.

3.04: Skaters will be required to skate in proper artistic dress.

3.05: Judging performance in figure skating is based upon the following factors: Tracing, Movement and carriage.

3.06: Point deductions for judging Figures:

Should a contestant fall or stop on a figure, through his or her own fault, the penalty shall be one point zero (1.0).

Should a contestant fall or stop on a figure, through his or her own fault, the penalty shall be one point zero (1.0).

Should a contestant suffer a touchdown of the free foot on a figure, the penalty shall be one point zero (1.0) if the fault occurs on a major part of the figure and point five (.5) if the fault occurs on a minor part of the figure. Starts, take-off and turns are considered major parts of a figure. All of these penalties are as signed by the event referee.

3.07: **FIGURE SKATING GROUPING:**

Below 6 years : Figures – 1, 2, 5a, 7, 8a. (Any two figures to be skated, selected by draw of lot).

6 to 8 years : Figures – 3, 4, 9a, 9b, 10, 18a, 18b (Any two figures to be skated, selected by draw of lot).

8 to 10 years : Figures – 12, 14, 19a, 19b, 21a, 21b, 22a, 22b,  
(Any three figures to be skated, selected by draw of lot).

10 to 12 years : Figures – 16, 17, 20a, 20b, 23a, 23b, 29a, 29b,  
33a, 33b. (Any three figures to be skated, selected by draw of lot).

12 to 14 years and above 14 years.

Group 1 : Figures 20a, 20b, 37a, 37b, 38a, 38b, 41a, 41b.

Group 2 : Figures 21a, 21b, 36a, 36b, 39a, 39b, 40a, 40b.

Group 3 : Figures 22a, 22b, 37a, 37b, 38a, 38b, 41a, 41b.

Group 4 : Figures 23a, 23b, 36a, 36b, 39a, 39b, 40a, 40b.

Group 5 : Figures 29a, 29b, 31a, 31b, 32a, 32b, 33a, 33b.

(Any one group from the above to be skated, selected by draw of lot.  
Also for each figure, starting edge will also be drawn.)

--- 12-14 years and above 14 years age groups: for these age groups only 6meter circle will be allowed.

--- Please note that with immediate effect there will be an elimination round of figure skating for all age groups. For the age groups upto 12 years, one figure from the drawn figures, chosen by the chief referee will be skated by all the skaters and based on this, the top six skaters will go to the final round. The marks of the elimination round figure will stand as final for that figure and this figure will not be repeated again in the final round.

--- For age groups above 12 years, one figure from the drawn group will be chosen and all skaters will be asked to skate the figure and based on the result the top 6 skaters will qualify for the final.

--- If there are only 6(six) skaters then the top 4 qualify for the final.

### **FREE SKATING TIMING**

Below 6 years : one and half -minute (plus or minus 10 Seconds)

6 to 8 years : Two Minutes " "

8 to 10 years : Two and a half-minute " "

10 to 12 years : Three minutes " "

All age groups above 12 : Four minutes " "

### **FREE SHORT PROGRAMME**

10-12, 12-14 & above 14 : Two minutes (Plus or minus 5 seconds)

### **4.00 PAIR SKATING:**

4.01: This is an event where only couples consisting of one gentleman and one lady are to participate. The content mark is for the "verity of pair movement, jumps, spins, and intricate variations of skate movements and lifts.

4.02: Judgement of performance is for the artistic quality in interpretation, quality of jumps and spins, judged against perfection, harmonious display or originality, etc, including skating as a couple as opposed to two dingle skaters. Other rules as applicable in Free Skating.

4.03: Technical Merit shall be interpreted as the verity of jumps, spins. Lifts and the intricate variety of foot work exhibited by the teams

Artistic Impression shall be interpreted as the presentation and overall artist quality of the Technical Merit exhibited by the contestant as well as the execution of jumps, spins, lifts and the intricate variety of foot work, Artistic Impression also consists of the harmonious display of

original movements, including the ability to skate as a couple rather than two individual contestants.

#### **4.04: PAIR SKATING TIMING**

Below 6 years	:	Two Minutes	(Plus or minus 10 seconds)
6 to 8 years	:	Two and a half Minutes	" "
8 to 10 years	:	Three Minutes	" "
10 to 12 years	:	Three and a half Minutes	" "
All age groups above 12	:	Four and a half minutes	" "

#### **4.05: PAIR SKATING SHORT & LONG PROGRAM FOR JUNIOR & SENIOR.**

4.06: Pair skating event shall consist of two (2) parts. a short program & a long program.

4.07: All pairs above 12 years age groups shall skate a Short program of **Two and half Minutes. (Plus or minus 05 seconds)**

4.08: The actual teams of skating for the long program groups shall be determined from the results of the Short Program.

4.09: All teams determined for long program shall skate a long program of 04.30 minutes duration.

4.10: The Short program shall have a value of 25% of the event point total. With the long program having a value of 75% of the event point total.

4.11: PAIR SKATING TIMING FOR JUNIOR & SENIOR AGE GROUPS 12-1& 14 ABOVE:

Short program	02.30minutes	(plus or minus 5 seconds)
Long program	04.30minutes	(plus or minus 10 seconds)

#### **4.12 PAIR SKATING SHORT PROGRAMME SET ELEMENTS FOR ABOVE 12 YEARS:**

Pair skating shall have short program for the Above 12 years age groups. The short program for the above 12 years pairs would be as per the Asian requirement set out in the CIPA rule book.

4.13: Death Spiral-Any edge, at least on revolution.

4.14: Contact Spin- Any combination. Each position of the spin must be held for at least two revolutions. The change from one position to another is not counted as a revolution.

4.15: One Position Lift: Maximum four (4) rotations of the man. Adagio-type movements at the end of the lift are not allowed.

4.166: Combination Lift: Maximum three (3) positions; no more than eight (8) rotations of the man from take-off to landing. All take-offs by the women must be recognised take-offs. Adagio-type movements at the end of the lift are not allowed.

4.17: One Shadow Jump. No combination; must be a recognised jump.

4.18: One Shadow Spin. No combination or change spin; must be a recognised spin. Minimum three (3) revolutions. Any Shadow Spin with more than one (1) position will be given a penalty of 0.5 from the "A" mark.

4.19: One Footwork Sequence. To cover at least three-quarters of the diagonal of the skating rink. The foot work steps are up to the skaters choice.

4.20: One Throw Jump or Twist Lift. In the twist lift, immediately after the take-off, the women can attempt either a full extension. Or a full split before rotating; the latter will be given more credit. On landing, both partners can be rolling backward or can be in a frontal position. The latter will be given more credit.

- 4.21: General: The elements may be skated in any order. No Additional elements may be skated. The eight listed elements must not be repeated. Each additional elements attempted will carry a penalty of .5 from the "B" mark with no credit given to the "A" mark. An elements not attempted will carry a penalty of .5 from the "A" mark. Any one position Lift with more than four (4) rotations will be given a deduction of 0.5 from the "A" Mark  
Any Combination Lift with more than eight (8) rotation will be given a deduction of 0.5 from the "A" mark.
- 4.24: Falls. The complete loss of balance involving body contact with the skating surface will receive penalty of .3 for each fall. The fall of both partners at the same time will receive a penalty of .4, and the penalty will be deducted from the "B" mark.

## ANNEXURE - C

### ROLLER HOCKEY.

1.01: THE Game of Roller Hockey is played by two teams, each consisting of five (5) players wearing roller skates and having hockey sticks, who try to get the ball into the opponents goal. The team scoring most goals will win the match.

2.01 : DURATION OF THE MATCH.

	Sub-Jr	Junior	Senior
	8-12 Years	12-16 Years	Above 16 Years
Timings	Boys 15-10-15	20-10-20	25-10-25
	Girls 15-10-15	15-10-15	20-10-20

3.01: The team will be required to play in proper dress and kit with chest numbers. The team shall be ready in all respects at least 15 minutes before the commencement of their match as scheduled.

4.01: The team shall comprise of 6 players (one Goal Keeper, four players and a compulsory substitute Goal Keeper) and if desired four further substitutes (total strength of team can be ten numbers)

5.01 : Note. Regardless of the number of players in a team entry fee has to be paid as per 7<sup>th</sup> RR clause 6.06.

## ANNEXURE ---D

### EQUIPMENTS REQUIRED.

#### SPEED

1. Pylons/Tyres - 10 Nos.
2. White Luminous paint with brushes (5cm) or White Marking Tapes (5cm).
3. Banners indicating for Road Race - Start, Finish
4. Bell One No.
5. Adequate Printed Forms (Format will be sent by separate cover)
6. Lap Scoring cards with Numbers.
7. Arrange for:
  - a) Motor Cycles – 3 nos.
  - b) Ambulance with Doctor at Road venue.
  - c) P.A.System (Mike) at Road.

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### ARTISTIC SKATING

1. Music System – Cassette Record Players - 2Nos
  2. Point/sore Display – 5 (Five) Sets
    - a) .0 to 9 (Written in Red Color)
    - b) .0 to 9 (Written in Black Color)
  3. White Luminous paint with Brush (3cm) or white marking tapes (3cm)
  4. Adequate Printed Forms (Form will be sent by separate cover)
-

HOCKEY:

1. Goal posts with nets – as per latest specification
  2. Roller Hockey Balls 4 Nos
  3. Table Stop Watches 2 Nos
  4. Score Boards 2 Nos
  5. Blue, Red, Yellow Cards for referees 4 Sets
  6. Jackets 10 Nos
  7. Adequate Printed Score Sheets (Format will be sent by separate cover.)
  8. White Luminous paint with brushes (3") or white marking tapes (3 cm)
- 

COMMON REQUIREMENTS FOR SEED/ ARTISTIC /HOCKEY

1. P.A.System (Mike)
  2. Video Cameras
  3. Six upright Chairs
  4. Two Tables
  5. 100 Feet Measuring Tape.
  6. 4 Whistles
  7. 4 Stop Watches
  9. Boxes of Chalk Pieces
  10. Clip Boards 5
  11. Drinking Water
- 

FOR OFFICE:

1. Stationary: Pens, Pencils, Clip Boards, Scales, Papers, Carbon papers, Tags, Pins, Files Covers, Color Markers, High Liners etc.
2. Table 3 Numbers
3. Chairs 6 Nos
4. Arrange for
  - a) Computer/Type Machine
  - b) Typist
  - c) Almirah
  - d) Facility to take photo copies
  - e) Phone and Mobiles to important officials
  - f) Vehicle for RSFI